

# Lanark & District u3a Newsletter

## September 2025

### Message from the Chair

Hello to you all!

It is that time of year again - summer is still with us, but the darker nights and the garden tell us that autumn and the start of the new session of the U3A is just round the corner. As usual, the 2025-26 session offers a wide and varied selection of activities - monthly open meetings, music, sport, exercise, games, books, discussion, foreign languages, and a lot more, so please have a look at the Lanark and District webpage for details

<https://lanarkanddistrictu3a.com>.

Remember the first of our open meetings is the 17th of September at 2pm in Lanark Memorial Hall - hope you can make it!

Best Wishes David Logan (Chair)



### Welcome to the new committee

From left: Margaret Hamilton (Business Secretary), David Logan (Chair), Jill Murie, Christina Murrie, Dianne McNaughton (Membership Secretary and Website Administrator) and Beverley Dunbar.

Apologies from Mags Watson (Treasurer), Jim Allen IT administrator, Gwynneth Evans and Yvette Johnson-Davies.

### Thanks to

Liz (former Chair) and Bill Weston (former Membership Secretary) now leave the committee although Liz will share the role of Group Coordinator with Loraine Swan.



Group leaders Hilary (Scottish Country Dancing and Mahjong) and Frederick (French Conversation Group) Spoun who move on to pastures new.

## What's on

A full programme of activities can be found online on Facebook <https://www.facebook.com/landdu3a> or at: <https://lanarkanddistrictu3a.com/group-activities/>

## Open meetings

2 to 4pm	Venue	Speakers	
17th September	Memorial Hall	Andrew Murray	'A Scottish Odyssey'
15th October	Greyfriars Church	Doris & Ulrich Ixkes	The Lanark Distillery
19th November	Memorial Hall	Braw Clan	Scottish Language Theatre
18th December	Lanark Golf Club	Members Christmas Lunch	

## Film group

7pm Friday 26<sup>th</sup> September



## Book buffs

10am Monday Lanark library

15th September	The Citadel	AJ Cronin
20th October	The Girl with the Louding Voice	Abu Dare
17th November	Heresy	SJ Parris

## Annual Lanark walk and lunch

10am Wednesday 1<sup>st</sup> October from Lanark Library finishing for lunch at 12.30 in Prego, Lanark