# Lanark and District u3a Newsletter September 2025

#### **Message from the Chair**

Hello to you all!

It is that time of year again - summer is still with us, but the darker nights and the garden tell us that autumn and the start of the new session of the U3A is just round the corner. As usual, the 2025-26 session offers a wide and varied selection of activities - monthly open meetings, music, sport, exercise, games, books, discussion, foreign languages, and a lot more, so please have a look at the Lanark and District webpage for details https// lanarkanddistrictu3a.com

Remember the first of our open meetings is the 17th of September at 2pm in Lanark Memorial Hall - hope you can make it!

Best Wishes David Logan (Chair)

### Welcome to the new committee



From left: Margaret Hamilton (Business Secretary), David Logan (Chair), Jill Murie, Christina Murrie, Dianne McNaughton (Membership Secretary and Website Administrator) and Beverley Dunbar.

Apologies from Mags Watson (Treasurer), Jim Allen IT administrator), Gwynneth Evans and Yvette Johnson-Davies.

### Thanks to

Liz (former Chair) and Bill Weston (former Membership Secretary) now leave the committee although Liz will share the role of Group Coordinator with Loraine Swan.



Group leaders Hilary (Scottish Country Dancing and Mahjong) and Frederick (French Conversation Group) Spoun who move on to pastures new.

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#### What's on

A full programme of activities can be found online on Facebook <a href="https://www.facebook.com/landdu3a">https://www.facebook.com/landdu3a</a> or at: <a href="https://lanarkanddistrictu3a.com/group-activities/">https://lanarkanddistrictu3a.com/group-activities/</a>

## Open meetings

2 to 4pm	Venue	Speakers	
17 <sup>th</sup> September Odyssey'	Memorial Hall	Andrew Murray	'A Scottish
15 <sup>th</sup> October Theatre	Greyfriars Church	Braw Clan	Scottish Language
19 <sup>th</sup> November Distillery	Memorial Hall	Dorus and Uli	rich The Wee Farm

## Film group

7pm Friday 26th September Greyfriars Church

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### **Book buffs**

10am Monday Lanark library

15<sup>th</sup> September The Citadel AJ Cronin

20th October The Girl with the Louding Voice Abu Dare

17<sup>th</sup> November Heresy SJ Parris